



Pharmacogenomic Testing for General Practitioners

Right medication. Right dose. First time.

A single saliva sample. A clinically actionable report aligned to CPIC, DPWG and TGA guidance — supporting safer prescribing across antidepressants, antipsychotics, ADHD, pain and cardiovascular medicines.

Referrer link: <http://pgx.tbmh.org.au>



SCAN TO REFER

WHY REFER FOR PGx?

Up to half of patients may not respond adequately to first-line antidepressant therapy; in STAR*D, initial citalopram treatment produced a 47% response rate and 28–33% remission rate. Antidepressant selection is also constrained by tolerability and discontinuation due to adverse effects, while pharmacogenomic guidelines such as CPIC provide genotype-based recommendations to guide antidepressant prescribing based on clinically relevant variants including CYP2D6 and CYP2C19.^{1,2}

40+

Pharmacogenes analysed across psychiatry, pain and general medicine

74+

Medications with actionable dosing or selection guidance

1x

Lifetime test — results inform prescribing for years to come

PATIENTS WHO MAY BENEFIT

Treatment-resistant depression	Anxiety, non-response to SSRI/SNRI	Adverse effects on standard doses	Polypharmacy review
ADHD pharmacotherapy planning	Chronic pain & opioid prescribing	Pre-emptive testing in complex patients	Family history of medication sensitivity

HOW IT WORKS

STEP 1

Refer your patient

Complete the online form or send the practice software compatible template via Medical Objects. Patient will receive an email with a link to purchase their PGx kit.

STEP 2

Sample collected

Once purchased, the kit is couriered to your patient with a buccal swab, consent form and return mailer to our NATA-accredited lab.

STEP 3

Clinical report

An easy-to-read PGx report with medication guidance will be returned within 2–3 weeks.

STEP 4

Shared with you

Results are sent to you through our secure portal or via Medical Objects with a notification to the patient to organise a consultation.

A GP referral is valid for 12 months. Address PGx referrals to “Dr Nathan Wellington” or “Dr Psychiatrist”.

1. <https://www.nature.com/articles/tp201257>
2. <https://psychiatryonline.org/doi/10.1176/appi.ajp.163.1.28>

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